

香港青少年(男女子)籃球訓練計劃2026報名表格

Hong Kong Youth (Boys & Girls) Basketball Training Scheme 2026 Enrollment Form

截止日期 Deadline: 31 March 2026

中文姓名 Name in Chinese

英文姓名 Name in English

出生年份 Year of Birth

支票號碼 Cheque No.

銀行名稱 Name of Bank

聯絡電話 Telephone No.

住址 Address

選擇受訓班別 Class Preferred
(請填上相關編號 Please state the relevant Code)

首選 1st 次選 2nd 三選 3rd

MJ

男子14–16歲 (生於2010年1月1日 與 2012年12月31日之間)
Boys U16 (Born between 1-1-2010 and 31-12-2012)

MS

男子17–19歲 (生於2007年1月1日 與 2009年12月31日之間)
Boys U19 (Born between 1-1-2007 and 31-12-2009)

FS

女子14–19歲 (生於2007年1月1日 與 2012年12月31日之間)
Girls U19 (Born between 1-1-2007 and 31-12-2012)

附註
Remarks

- 閣下所提供的資料只用於主辦機構所舉辦的上述活動報名及宣傳之用；在遞交申請後，如欲更改或查詢你申報的個人資料，可與本會職員聯絡。
The information provided by you will only be used for the enrollment and promotion of recreation and sports activities organized by our Association and co-organizing parties. For correction of or access to personal data submission of this form, please contact the staff of our Association.
- 本人證明以上參加者身體健康，並能參與劇烈之籃球訓練活動。
I hereby certify that the above participant is physically fit to take part in strenuous basketball training and activities.
- 一經本會接納報名，所交款項概不退還。
Once application is accepted, no refund will be entertained.

參加者簽署
Signature of Participant

電郵
Email

家長簽署(18歲以下學員適用)
Signature of Parent (if under 18 yr. of age)

家長姓名
Name of Parent

聯絡電話
Telephone No.

傳真號碼
Fax No.

日期
Date



中國香港籃球總會 主辦



康樂及文化事務署
Leisure and Cultural Services Department
資助

香港青少年(男女子) 籃球訓練計劃

Hong Kong Youth (Boys & Girls) Basketball Training Scheme 2026



網上報名 Online Application :



截止日期 Deadline:
31 March 2026

中國香港籃球總會 Basketball Association of Hong Kong, China

地址: 香港銅鑼灣掃桿埔大球場徑1號奧運大樓1006室

Address: Room 1006, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong

電話 Telephone: 2504-8181 / 2504-8179 傳真 Fax: 2504-2112

網址 Website: <http://www.basketball.org.hk>

參加辦法
Enrollment Application

- 申請者可透過以下兩種方式遞交報名表格：
A. 網上報名：填寫電子報名表格（無需郵寄紙本），入選後再以銀行轉帳方式繳費。
B. 親臨或郵寄報名：須填妥報名表格，連同劃線支票港幣壹佰捌拾圓正（抬頭寫：中國香港籃球總會有限公司）及貼有申請人地址的回郵信封（請貼上\$2.2郵票）寄交「香港銅鑼灣大球場徑1號奧運大樓1006室“中國香港籃球總會”收」或親臨本會遞交。切勿郵寄現金。
- 申請者只可遞交一份報名表格。如填報資料不全、錯誤或欠缺任何參加辦法(1)的所需文件，其甄選資格將被取消。
- 入選學員報名之課程不得更改、延期或轉讓，已繳費用一概不會發還。支票未能兌現者，其資格將由後補替之，落選者支票將於成績公佈一星期後，憑閣下之回郵信封退回。
※支票背面請填上參加者姓名、所報班別編號及聯絡電話。
※不接受傳真報名

所有符合以上條件之報名者均可參加第一階段之甄選，入選者則可進入第二階段訓練。*在第二階段訓練中表現優異之球員將被挑選進入階梯訓練及參加在國內舉行的集訓營。

- Applicant can submit the application form in the following two ways:
A. Online Application – Complete the online application form (no need to submit a hard copy). – Selected applicants will be notified and required to pay via bank transfer.
B. In-Person or Mail-in Application – Complete the application form with crossed cheque HK\$180.00 made payable to “Basketball Association of Hong Kong, China Limited” and a hkd\$2.2 stamped self-addressed envelope. You may either mail the

第一階段之甄選（2026年4月）：免費

Stage 1 Tryout (April, 2026) : Free of charge.

第二階段之甄選（2026年4月–7月）：每位參加者港幣壹佰捌拾圓正 – 共12課

Stage 2 Training (April–July 2026) : HK\$180.00 per participant – 12 Sessions

參加費用
Entry Fee

甄選名單及成績公佈
Announcement of Selection Name List and Results

繳費方法
Payment Method

above documents to Room 1006, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong, specifying “Basketball Association of Hong Kong, China” or bring required documents to Basketball Association of Hong Kong, China. Please do not send cash by mail.

- Applicant is only allowed to submit one unique application form. Incomplete application form or lack of required documents, the application should be disqualified, and no selection opportunity provided to applicant.

3. There is no refund of cheque once the applicant has been selected. Fees and places on courses cannot be transferred from one applicant to another. If the applicant presents the dishonored cheque, the applicant should be disqualified and reserved applicant will substitute to the class. The cheque of unsuccessful applicant will be sent you by mail after 7 days of posting the result. Hong Kong Basketball Association will not be responsible for any loss of receipt sent by mail.

※Please specify the applicant's name, programme title with course name(s) for application and contact number.

※All applications cannot be done by Fax. All entries will be invited to join the Stage 1 Tryout. Selected participants of Stage 1 will promote to the Stage 2 Training. *Best performers of Stage 2 will be selected to join the feeder system and the training camp held in China.

以下資料只作參考，實際詳細甄選及練習時間表，以本會網頁為準
For detailed timetable, please check our website : www.basketball.org.hk

甄選詳情
Tryout

**[MJ]
男子
14-16歲
(Boys U16)**

12/4/2026 8am – 8pm
青衣西南體育館 Tsing Yi Southwest Sports Centre

19/4/2026 8am – 8pm
順利邨體育館 Shun Lee Tsuen Sports Centre

編號 Code	訓練場地 Training Venues	訓練日期 Training Dates	星期 Day	時間 Time
MJ 1	順利邨體育館 Shun Lee Tsuen Sports Centre	2,9,16,23,30/5/2026 ; 6,13,20,27/6/2026 ; 4,11,18/7/2026	六 Sat	7pm – 9pm
MJ 2	紅磡市政大廈體育館 Hung Hom Municipal Services Building Sports Centre 石碌尾公園體育館 Shek Kip Mei Park Sports Centre	20/5/2026 ; 3/6/2026 2,16,23,30/5/2026 ; 6,13,20,27/6/2026 ; 4,18/7/2026	三 Wed	6pm – 8pm
MJ 3	車公廟體育館 Che Kung Temple Sports Centre 源禾路體育館 Yuen Wo Road Sports Centre	2,9,16,23,30/5/2026 6,13,16/6/2026 3,10,17,24/6/2026	#二/六 Tue/Sat	#8pm – 10pm
MJ 4	富亨體育館 Fu Heng Sports Centre	3,10,17,24,31/5/2026 ; 7,14,21,28/6/2026 ; 5,12,19/7/2026	日 Sun	6pm – 8pm

**[MS]
男子
17-19歲
(Boys U19)**

編號 Code	訓練場地 Training Venues	訓練日期 Training Dates	星期 Day	時間 Time
MS 1	駱克道體育館 Lockhart Road Sports Centre	30/4/2026 ; 7,14,21,28/5/2026 4,11,18,25/6/2026 2,9,16/7/2026	四 Thu	8pm – 10pm
MS 2	港島東體育館 Island East Sports Centre	2,9,16,23,30/5/2026 ; 6,13,20,27/6/2026 ; 4,11,18/7/2026	六 Sat	8pm – 10pm
MS 3	順利邨體育館 Shun Lee Tsuen Sports Centre	27/4/2026 ; 4,11,18,*27/5/2026 1,8,15,22,29/6/2026 6,13/7/2026	一/二/三 Mon/*Wed	7pm – 9pm
MS 4	瑞和街體育館 Shui Wo Street Sports Centre	30/4/2026 ; 7,14,21,28/5/2026 4,11,18,25/6/2026 2,9,16/7/2026	四 Thu	7pm – 9pm
MS 5	界限街一號體育館 Boundary Street Sports Centre No. 1 紅磡市政大廈體育館 Hung Hom Municipal Services Building Sports Centre	28/4/2026 ; 5,12,19,26/5/2026 ; 9,16,23,30/6/2026 ; 7,14/7/2026 *17/7/2026	二 Tue	6pm – 8pm
MS 6	車公廟體育館 Che Kung Temple Sports Centre	4,*6,^8,^15,^22,^29/5/2026 ; ^5,^12/6/2026 ; ^3,^10,13,15/7/2026	一/三/五 Mon,*Wed,*Fri	8pm – 10pm
MS 7	紅磡市政大廈體育館 Hung Hom Municipal Services Building Sports Centre	*22,27/5/2026 ; *5,10,*12,17,24,*26/6/2026 ; *3,8,*10,15/7/2026	三/五 Wed,*Fri	6pm – 8pm
MS 8	荃景圍體育館 Tsuen King Circuit Sports Centre	29/4/2026 ; 6,13,20,27/5/2026 ; 3,10,17,24/6/2026 ; 8,15,22/7/2026	三 Wed	7pm – 9pm

**[FS]
女子
14-19歲
(Girls U19)**

編號 Code	訓練場地 Training Venues	訓練日期 Training Dates	星期 Day	時間 Time
FS 1	駱克道體育館 Lockhart Road Sports Centre	27/4/2026 ; 4,11,18,25/5/2026 ; 1,8,15,22,29/6/2026 ; 6,13/7/2026	一 Mon	7pm – 9pm
FS 2	摩士公園體育館 Morse Park Sports Centre	2,9,16,23,*30/5/2026 ; 6,13,20,27/6/2026 ; 4,11,18/7/2026	六 Sat	11am – 1pm #2pm – 4pm
FS 3	紅磡市政大廈體育館 Hung Hom Municipal Services Building Sports Centre 界限街一號體育館 Boundary Street Sports Centre No. 1	29/5/2026 1,8,15,22/5/2026 ; 5,12,19,26/6/2026 3,10,17/7/2026	五 Fri	6pm – 8pm
FS 4	天暉路體育館 Tin Fai Road Sports Centre	30/4/2026 ; 7,14,21,28/5/2026 4,11,18,25/6/2026 ; 2,9,16/7/2026	四 Thu	8pm – 10pm